

## CASE HISTORY

Legal Name: \_\_\_\_\_ Preferred Name: \_\_\_\_\_ Date: \_\_\_\_\_

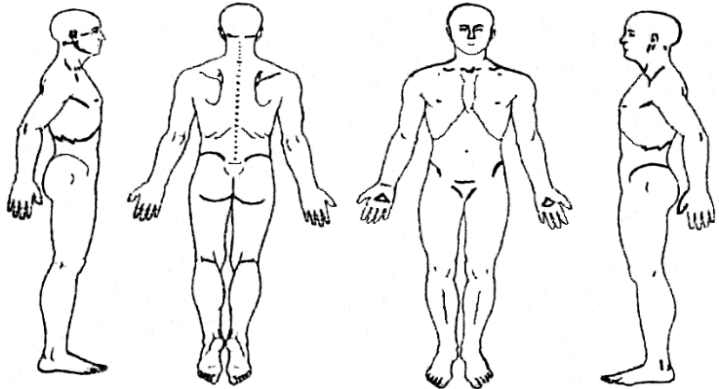
1. Circle the severity (0 = No Pain to 10 = Very Severe Pain) and Frequency of pain (% of the week you experience the pain).

Condition / Problem	Severity										Frequency (% of week)											
	Minimal					Severe					Occasional					Constant						
a. _____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100
b. _____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100
c. _____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100

(Please mark the figures where you experience pain.)

2. Symptoms are worse in the (circle what applies)

-MORNING    -INCREASE DURING THE DAY  
-AFTERNOON    -SAME ALL DAY    -NIGHT  
-DECREASE DURING THE DAY



3. Symptom (a.) is: Sharp / Dull / Burning / Aching / Throbbing / Numbness / Tingling / Pins & Needles / Tightness / Stiffness  
4. Symptom (b.) is: Sharp / Dull / Burning / Aching / Throbbing / Numbness / Tingling / Pins & Needles / Tightness / Stiffness  
5. Symptom (c.) is: Sharp / Dull / Burning / Aching / Throbbing / Numbness / Tingling / Pins & Needles / Tightness / Stiffness  
6. How did your symptoms begin? \_\_\_\_\_

7. When did your symptoms begin (onset date)? \_\_\_\_\_ Have you experienced these before? YES NO

8. Do your symptoms radiate? YES NO If yes, ARMS LEGS HEAD (circle one)

9. Has your condition? \_\_\_\_ Improved \_\_\_\_ Gotten Worse \_\_\_\_ Stayed the same

10. SINCE IT BEGAN Circle the activities that make your problems worse:

-BENDING -LYING -WALKING -STANDING -SITTING -MOVEMENT -TWISTING -LIFTING -FALLING ASLEEP  
-STAYING ASLEEP -CONCENTRATING -DRIVING A CAR -RISING OUT OF CHAIR OR BED -LOOKING OVER SHOULDER

11. Is there anything you can do to relieve the problems? \_\_\_\_ No \_\_\_\_ Yes Describe: \_\_\_\_\_

If No, what have you tried that has not helped? \_\_\_\_\_

Additional information on back side of sheet.



12. Have you been treated for this before? \_\_\_\_No \_\_\_\_Yes How long ago? \_\_\_\_\_

13. What treatment did you receive? Chiropractic, Medical, Physical Therapy, Massage, Other\_\_\_\_\_

14. Results of previous treatment? \_\_\_\_Good \_\_\_\_Poor Comments \_\_\_\_\_

15. Were you referred to our office by anyone? \_\_\_\_\_

16. Is this condition interfering with \_\_\_\_ Work \_\_\_\_Sleep \_\_\_\_Daily Routine \_\_\_\_Recreation

Family Physician: \_\_\_\_\_ (Note: May we send your health information to this **provider Y / N**)

Person to contact in case of emergency (Name, Relationship and Phone):  
\_\_\_\_\_

Have you ever been under Chiropractic Care? Y N If so, Who / When? \_\_\_\_\_

Have you had any SPINAL X-Rays / MRI's / CT's taken in the last year? Y N If so, Where? \_\_\_\_\_

Serious Illness: \_\_\_\_\_ When? \_\_\_\_\_

Do you have a pace maker? Y / N

What medications or drugs are you taking? (check those that apply): Pain Killers Insulin Cholesterol Meds  
Blood Pressure Meds Muscle Relaxers Birth Control Other: \_\_\_\_\_

**Please circle to indicate whether you have had any of the following:**

☐ Alcoholism

☐ Diabetes

☐ Epilepsy

☐ Goiter

☐ Kidney / Bladder Disease

☐ Metal Implants

Location(s):

☐ Parkinson's Disease

☐ Spinal Stenosis:  
**Neck / Low Back**

☐ \_\_\_\_\_

☐ Blood Pressure

**High or Low**

☐ Cholesterol Elevation

☐ Fractures

Type:

☐ Headaches

☐ Liver Disease

☐ Multiple Sclerosis / Strokes

☐ Prostate Problems

☐ Thyroid Problems:  
Hyper / Hypo

☐ \_\_\_\_\_

☐ Cancer

Type:

☐ Depression / Anxiety

☐ GI Issues: Stomach / S1 / L1

☐ Heart Disease

☐ Lung Issues

☐ Pancreatitis

☐ Rheumatoid Arthritis

☐ Ulcers

☐ \_\_\_\_\_

**History of Surgeries: Please circle to indicate whether you have had any of the following:**

☐ Gall Bladder

☐ Appendectomy

☐ Heart

☐ Abdomen

☐ Hernia

☐ Hip **L / R**

☐ Knee **L / R**

☐ Foot **L / R**

☐ Rotator  
Cuff **L / R**

☐ Carpal Tunnel  
Syndrome **L / R**

☐ Joint Replacements:  
Shoulder **L / R**  
Knee **L / R**  
Hip **L / R**

☐ Herniated Disc:  
**Neck / Low Back**

☐ Hysterectomy  
**Partial / Total**

☐ \_\_\_\_\_

☐ \_\_\_\_\_

I certify that the above information is accurate to the best of my knowledge.

Patient/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_